

**NATIONAL VULVODYNIA ASSOCIATION**  
**Newsletter List and Order Form**

**The following back issues of the NVA newsletter are available:**

- Winter 1995: Vulvodynia: A perplexing disorder-- an interview with Dr. Stanley Marinoff  
Psychologist addresses sexual, emotional aspects of vulvodynia  
Book Review: *Sick and Tired of Feeling Sick and Tired*
- Spring 1995: Treating Vulvodynia--an interview with Dr. David Foster  
Getting the most out of your health insurance
- Summer 1995: Chronic Pain --an interview with neurologist Dr. Helene Emsellem  
Vulvodynia in the Workplace, part. 1  
Empower Yourself: Learning to do medical research
- Winter 1996: Diagnosis and Management of Vulvodynia -- an interview with Dr. Gae Rodke  
Vulvodynia in the Workplace, part 2  
Empower Yourself: Establishing doctor/patient relationships  
Book Review: *Just Another Women's Problem*
- Spring 1996: Disorders Associated with Vulvodynia --an interview with Dr. Daniel Clauw  
Vulvodynia in the Workplace, part 3  
Book Review: *Screaming to be heard: Hormonal connections women suspect and doctors ignore.*
- Summer 1996: Vulvodynia Research and Treatment -- an interview with neurologist Ursula Wesselmann  
Managing Vulvar Pain with Physical Therapy by Dee Hartmann, P.T.  
Vulvodynia and Pregnancy -- an informal talk by Stanley Marinoff, M.D.
- Winter 1997: The Low-Oxalate Diet by M. Herzl Melmed, M.D.  
An Overview of Vulvar Vestibulitis
- Spring 1997: NIH Hosts First Vulvodynia Symposium  
A Nurse Practitioner's Perspective, an interview with B.J. Czarapata, CRNP  
Medical Therapy for Vulvodynia by Libby Edwards, M.D.
- Fall 1997: Biofeedback and Vulvovaginal Pain by Howard Glazer, Ph.D.  
Medications for Chronic Pain  
Letter to the Editor: Vulvodynia and Pregnancy
- Winter 1998: Differentiating Vulvodynia from Candida (yeast) by Benson Horowitz, M.D.  
A Holistic Approach to Treating Pelvic Pain - by Jerome Weiss, M.D.  
Book Review: *Dr. Susan Love's Hormone Book*
- Summer 1998: Classification and Treatment of Vulvodynia by Stanley Marinoff, M.D.  
Treating Lichen Sclerosus by Libby Edwards, M.D.  
NIH Holds Conference on Gender and Pain
- Fall 1998: Interferon and Surgery in Treating Vestibulitis by Jacob Bornstein, M.D.  
NIH Invites Research Proposals on Vulvodynia  
NIH Hosts Workshop on Pelvic Floor Disorders
- Winter 1999: Demographic Profile of Vulvodynia Patients by Leslie Ann Sadownik, M.D.  
Becoming Pregnant with Vulvodynia by Scot Hutchison, M.D.  
An Overview of Interstitial Cystitis
- Summer 1999: A Modern Approach to Vulvodynia Therapy by Jessica Thomason, M.D.  
Multidimensional Assessment of Vulvodynia by Robin Masheb, Ph.D.  
CBS Special Showcases NVA Support Leader

**NATIONAL VULVODYNIA ASSOCIATION**  
**Newsletter List and Order Form**

- Fall 1999: The Management of Neuropathic Pain by Justin Wasserman, M.D.  
Vulvovaginal Pain Disorders and Sexual Functioning by Howard Glazer, Ph.D.  
Pelvic Pain and Pelvic Varicosities by Eleanor Brosius, M.S.
- Spring 2000: Observations on Patients with Vulvar Vestibulitis by William Ledger, M.D.  
NIH Allocates \$5 Million for Vulvodynia Research  
Self-help Tips for Vulvar Skin Care
- Summer 2000: Vulvar Conditions, Pregnancy and Childbirth by Gae Rodke, M.D.  
Can Acupuncture Relieve Vulvodynia?  
Endometriosis: An Overview
- Fall 2000: Yeast Infections and Vulvar Vestibulitis Syndrome – an interview with Paul Nyirjesy, M.D.  
Treatment of Clitoral Pain by C. Paul Perry, M.D.  
If Its Not Vulvar Vestibulitis, What Is It? by Richard Marvel, M.D.  
NIH Awards First Vulvodynia Research Grants
- Spring 2001: Is Vulvar Vestibulitis Associated with HPV? by Jacob Bornstein, M.D.  
Chronic Vulvar Pain and Sexual Functioning by Irv Binik, Ph.D. & Sophie Bergeron, Ph.D.
- Summer 2001: Treating Generalized Vulvar Dysesthesia by Elizabeth Gunther Stewart, M.D.  
Dermatological Conditions of the Vulva by Gordon Davis, M.D.  
NVA Meets with Congressional Leaders
- Winter 2001: Surgical Treatment for Vulvar Vestibulitis by Hope K. Haefner, M.D.  
Sex Differences in Chronic Pain  
Re-establishing Sexual Relations after Surgery by Michael Plaut  
Major Pain Clinics in the United States
- Spring 2002: Pharmacological Treatment of Vulvodynia by Justin Wasserman, M.D.  
Recent Findings on Vulvar Vestibulitis by Andrew Goldstein, M.D. & Stanley Marinoff, M.D.  
NVA Presents at Women's Health and Pain Conferences
- Summer 2002: Interstitial Cystitis and Vulvodynia by Ursula Wesselmann, M.D.  
The Growth of a Patient Advocacy Movement by Phyllis Mate, NVA co-founder  
Sexual Intimacy and Vulvodynia by Laura Wittke  
NIH Funds First Controlled Trial on Vulvodynia
- Winter 2002: Causes of Recurrent Vulvovaginal Candidiasis by Jack Sobel, M.D.  
Physical Therapy Treatment of Vulvodynia by Talli Rosenbaum, P.T.  
Harvard Highlights Vulvovaginal Disorders  
Oral Contraceptives and Vestibulitis by Kathleen Nelson
- Spring 2003: NIH Hosts Vulvodynia Research Conference  
Vulvodynia May Be a Highly Prevalent Disorder  
NVA Partners with Pain Organizations
- Summer 2003: A Discussion of Sexual Intimacy and Vestibulitis with Susan Kellogg-Spadt, Ph.D., CRNP  
Common Traps in the Diagnosis of Vulvovaginal Disorders by Elizabeth Stewart, M.D.  
Grassroots Advocacy Leads to Capitol Hill Briefing
- Winter 2003: Dysesthetic Vulvodynia and Sexual Intimacy with Susan Kellogg-Spadt, Ph.D., CRNP  
Advice for the Newly Diagnosed Woman by Amy Kaler, Ph.D.  
Lidocaine Use May Ease Vestibulitis
- Spring 2004: Pudendal Nerve Block in the Treatment of Vulvodynia-an interview with B.J. Daneshfar, M.D.  
Evaluation and Diagnosis of Chronic Vulvovaginitis by J. Christopher Carey, M.D.

**NATIONAL VULVODYNIA ASSOCIATION**  
**Newsletter List and Order Form**

- Summer 2004: Self-Misdiagnosis of Vaginal Infections by Daron Ferris, M.D.  
Classifying Vulvar Vestibulitis as a Pain Disorder by Caroline Pukall, Ph.D. et al  
The Evolution of Vulvodynia Terminology by Christin Veasley and Stanley Marinoff, M.D.
- Winter 2004: Vulvodynia Experts Present Latest Research (Part 1, Oct 2004 vulvodynia conference)  
Preventive Therapy for Recurrent Yeast Infections, by Paul Nyirjesy, M.D.
- Spring 2005: Recent Research on the Treatment of Vulvodynia (Part 2, Oct 2004 vulvodynia conference)  
Practice Patterns of Clinicians Treating Vulvar Pain, by Glenn Updike, M.D.  
Pitfalls in the Application of Clinical Classification of VVS by William Ledger, M.D.
- Summer 2005: The Vulvodynia Guideline by Hope Haefner, M.D., et. al.  
Advice on Conception for Women with Vulvodynia by Andrea Hall & Elizabeth Stewart, M.D.  
NVA Spearheads Advocacy Week Campaign by Chris Veasley and Phyllis Mate
- Winter 2005: Topical Therapy for Vulvodynia by Lori Boardman, M.D.  
Vulvar Vestibulitis: Dual Sources of Pain by Martha Goetsch, M.D.  
Vulvodynia Research Funding Developments
- Spring 2006: Biofeedback in Diagnosis and Treatment of Vulvodynia by Howard I. Glazer, PhD  
Neurostimulation in the Treatment of Severe Vulvodynia by Michael O. Seibel, DO  
NVA Campaigns for Increased Federal Funding  
NVA Honors Dr. Stanley C. Marinoff
- Summer 2006: Vulvodynia: Definitions, Diagnosis and Management: A State-of-the-art Conference by Gloria Bachmann, M.D., Raymond Rosen, M.D., Vivian Pinn, M.D., Wulf Utian, M.D., et. al.  
Dermatologic Diseases of the Vulva by Andrew Goldstein, MD  
In Memory and Appreciation of Dr. John M. Gibbons, Jr.  
Congress Directs NIH to Fund Research
- Winter 2006: Vulvar Vestibulitis Syndrome: A Review by Miranda A. Farage, PhD and Rudolf P. Galask, MD  
Sex Therapy in the Treatment of Vulvodynia by Stephanie Buehler, PsyD, CST  
and Christine Seeberger, MA  
NVA Awards Record Number of Research Grants  
NVA Honors Executive Director's 10-Year Anniversary
- Spring 2007: Vulvodynia's Psychological Impact on the Partner, by David Foster, MD, MPH and Merrill B. Kotok, BSN, RNC  
The Many Faces of Vestibular Pain, by Andrew Goldstein, MD, FACOG  
NVA Continues to Award Record Number of Grants  
NVA Campaigns for Increased Research Funding
- Summer 2007: Botulinum Toxin Therapy for Vulvodynia, by James G. Presthus, MD, FACOG and Dennis D. Dykstra, MD, PhD  
Childbirth Practices and Women with Vulvodynia, Andrea Hall  
NVA Exhibits at National Nurse Practitioner Meeting
- Winter 2007: Differentiating Vulvodynia and Pudendal Neuralgia, by Richard P. Marvel, MD  
Multilevel Nerve Blocks in the Treatment of Vulvodynia, by Andrea J. Rapkin, MD and John S. McDonald, MD,  
NIH Launches Vulvodynia Awareness Campaign  
NVA Joins Forces with Gynecologic Cancer Activists
- Spring 2008: Treatment of Vulvar Pain Syndrome, by Sophie Bergeron, PhD and Caroline F. Pukall, PhD  
Oral contraceptives and Vulvodynia Risk by Corey Binns, MS  
Recent NIH and NVA Vulvodynia Grants  
NVA Announces Career Award Recipient

**NATIONAL VULVODYNIA ASSOCIATION**  
**Newsletter List and Order Form**

- Fall 2008: Treating Vulvodynia with Manual Physical Therapy, by Stephanie Prendergast, MPT, Elizabeth Rummer, MSPT, and Rhonda Kotarinos, PT  
The Need for Research on Coexisting Conditions, by Hannele Rubin, MSJ & Chris Veasley  
NVA Presents at NIH Meetings on Comorbid Disorders
- Winter 2008: Primary and Secondary PVD: Are They Different? by Caroline Pukall, PhD  
The Impact of Provoked Vestibulodynia on Couples, by Jennifer Connor, PhD, LMFT  
The NVA's Year in Review: 2008  
NIH Funds Vulvodynia and Pelvic Pain Research
- Spring 2009: Treating Vulvar Pain: A Neurologist's View, by Allan S. Gordon, MD  
Superficial Dyspareunia in Postmenopausal Women, by Alina Kao, BA, Melanie Monn, PhD, PT, Yitzchak M. Binik, PhD and Samir Khalife, MD  
NVA Funds Five New Research Studies
- Summer 2009: A Topical Treatment for Provoked Vestibulodynia – Q & A with Paul Nyirjesy, MD  
Chronic Pain and the Brain: Recent Findings, by Katherine Sutton, PhD, Caroline Pukall, PhD and Petra Schweinhardt, MD  
NVA Funds First Vulvodynia Treatment Registry  
Viewers React to 20/20 Television Show
- Winter 2009: Urogenital Infection and Allergy: Risk Factors? by Ruby Nguyen, PhD  
Vulvodynia Prevalence over the Lifespan  
Overcoming Depression Associated with Chronic Pain  
NVA Awards Two Research Grants  
NVA Year in Review: 2009
- Spring 2010: Pelvic Floor Muscle Dysfunction in Women with PVD by Linda McLean, PhD  
A Step-Wise Treatment Regimen for PVD, Questions and Answers with Gary Ventolini, MD  
Keeping Sexual Intimacy Alive  
Harlow Awarded Second NIH Vulvodynia Grant  
NIH Funds New Vulvar Pain Clinic
- Fall 2010: New Research Differentiates Primary and Secondary PVD by Catherine Leclair, MD  
New Vulvodynia Guidelines Published  
What to Expect During Pregnancy  
Zolnoun Awarded Second NIH Grant
- Winter 2010: Chronic Vulvar Pain & Tarlov Cysts – Q & A with Anne Louise Oaklander, MD, PhD  
The Medical Management of Vulvodynia  
NVA Year in Review: 2010
- Spring 2011: The Treatment of Vulvodynia After Menopause by Michael Krychman, MD  
Physical Therapy: Universal Treatment for Sexual Pain by Andrew Goldstein, MD, Caroline Pukall, PhD, and Irwin Goldstein, MD  
Getting the Most Out of Your Medical Care  
NIH Funds New Clinical Trail
- Summer 2011: Vulvar Pain Resulting from Orthopedic Causes by Deborah Coady, MD, & Nancy Fish, MSW  
NICHD Hosts Vulvodynia Researchers  
NVA Funds Three New Research Studies  
NVA Helps Establish Vulvar Pain Clinics
- Winter 2011: Vaginal Diazepam for Pelvic Floor Muscle Dysfunction – Q & A with Donna J. Carrico, WHNP, MS  
International Conference Highlights Vulvodynia by Jay R. Trabin, MD, FACOG  
NVA Year in Review: 2011
- Spring 2012: Predictors of PVD Treatment Outcome by Nina Bohm-Starke, MD, PhD & Ulrika Heddini, MD  
NVA Director Testifies at Landmark Senate Hearing  
Results of First Cost Study on Vulvodynia Published by Cristina Shea  
Understanding Clitoral Pain by Deborah Coady, MD, & Nancy Fish, MSW, MPH

**NATIONAL VULVODYNIA ASSOCIATION**  
**Newsletter List and Order Form**

In Her Own Words by Katie and Kevin Conrad

- Fall 2012: Treating GVD with Multilevel Nerve Blocks, Results of an NVA-Funded Study by Andrea Rapkin, MD  
NIH Establishes First Gynecologic Research Branch, an Interview with Alan Guttmacher, MD  
Understanding Sex Therapy for Vulvodynia by Nancy Levin McGrath, LICSW  
NVA Helps to Establish New Clinics  
In Memory and Appreciation of Nancy Westman  
In Her Own Words by Martha and Justin Ranek  
New Treatment Helpful in PVD Subgroup Q & A with Yaniv Farajun, MD & Jacob Bornstein, MD, MPA
- Spring 2013: Vulvodynia and Coexisting Pain Disorders – Q & A with Barbara Reed, MD, MSPH  
Striving for Happiness in the Face of Pain: A Patient's Perspective on the Emotional Burden by Christina Shea  
2012: A Year of Significant Achievement  
NVA Medical Board Member Receives Distinguished Professorship  
Recent Studies Highlight Novel Treatments  
NIH Releases First Federal Plan to Advance Research on Overlapping Pain Conditions  
In Her Own Words by Pattie M. (NVA member)
- Summer 2013: FDA Approves First Non-Hormonal Treatment for Menopause-Associated Dyspareunia Q & A with Gloria Bachmann, MD, MMS  
Vulvodynia Subgroups Show Differences in Brain Activity by Johnson Hampson, MSBME, Richard Harris, PhD and Barbara Reed, MD, MSPH  
In the Kingdom of the Sick: A Social History of Chronic Illness in America by Laurie Edwards  
In Her Own Words by Erin Kristoff  
Reason for Hope, An Update from NVA's Executive Director by Chris Veasley
- Winter 2014: Pharmacological Management of Vulvodynia Q & A with Justin Wasserman, MD  
Vestibular Tissue Changes in Women with PVD by Catherine Leclair, MD, Martha Goetsch, MD, MPH and Terry Morgan, MD, PhD  
Lesson in Pain Relief – A Personal Postgraduate Experience by Philip A. Pizzo, MD  
In Her Own Words by Lyn F.
- Summer 2014: Why Oral Contraceptive Pills Can Cause Vulvodynia by Andrew Goldstein, MD and Jill Krapf, MD, Zoe Belkin  
Superficial Pelvic Floor Muscles and Vulvar Pain by Dr. Pamela Morrison Wiles, PT, MS, DPT, BCB-PMD, IMTC  
In Her Own Words: Hope by Sherrie Utley  
NVA 2013 Research Grant Recipients  
New Appointment to NVA Executive Board
- Fall 2014: Chronic Pain: Peripheral or Centralized by Daniel Clauw, MD  
Pudendal Neuralgia: An Unrecognized Cause of Pelvic Floor Pain by Michael Hibner, MD  
NVA Welcomes New Executive Director  
NVA Celebrates 20<sup>th</sup> Anniversary by Phyllis Mate, NVA co-founder and President
- Winter 2015: Developing a New Diagnostic Algorithm for Vulvodynia by Andrew Goldstein, MD  
NVA Career Award Recipients: Where Are They Now? By Phyllis Mate

**NATIONAL VULVODYNIA ASSOCIATION  
Newsletter List and Order Form**

You can join the NVA online at [www.nva.org](http://www.nva.org) (click on "Join the NVA" in the upper left-hand corner) to receive immediate access to NVA's Online Resource Center, which includes our current newsletter issue and NVA's four educational/supportive guides (self-help, partner, pregnancy/childbirth, disability); upon request, we will also email you a list of health care providers in your geographic area and contact information for your local support leader. If you would like your membership to include all back issues of the newsletter, you can sign up for an NVA Plus membership for \$35 additional.

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